

Central Midwest Ballet Academy Newsletter

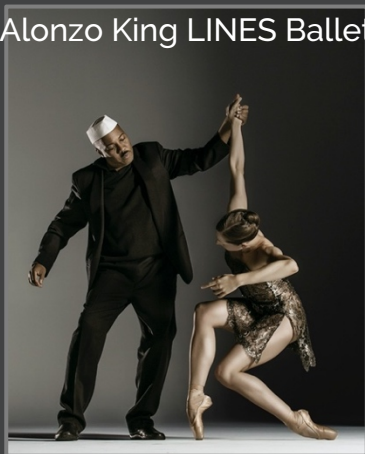
# April

## Editors Note

For the April and May issues, I have decided to interview some CMBA students about some things they have been doing over this quarantine break. I have been staying at home and spending time with my family and taking online Dance classes. I hope everyone is staying safe and doing well.

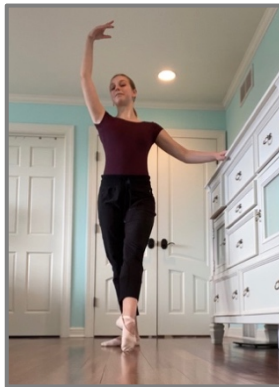
## Monthly Ballet Company

Alonzo King LINES Ballet



**Founded:** 1982  
**Location:** San Francisco, CA  
**Number of Dancers:** 11  
**Director:** Alonzo King  
**What they are known for:** Alonzo King LINES Ballet is known for their cross-genre collaborations that extend beyond classical ballet.

## Time well spent during Safer at Home



### Grace S.

Grace S. (pre-pro) has been spending time at home doing puzzles, watching movies, cooking, playing board games and going on walks with her family. She has also been taking online ballet classes while also continuing to stretch and strengthen daily.

Julia K. (junior 2) has been stretching at home in order to improve her flexibility. She also dances in her house and makes space by moving around furniture in her living room. She makes up her own plie combinations in addition to her own dances!

### Julia K.



### Tommy S.



Tommy S. (Junior 1) has been jumping on his trampoline, scootering around the neighborhood, playing basketball and playing with his new puppy! He has also been baking, reading and helping make dinner for his family.

## Ballet term pop quiz!

A: Pique means to prick.

Q: What does allongé mean?  
Hint the definition is in the term!

## About the Editor

Nana is a sophomore at Madison West High School and dances in the standard 3 division and on Madison West Dance Team.

