

CENTRAL MIDWEST BALLET *Academy*

JULY

Important Dates

July 11-15: Onstage & Backstage
summer intensive

July 16: American Girl Benefit Sale
performance

Mon, Wed, Fri, & Sat: Open
classes (except July 15)

Ballet Term of the Month



Photo Credit: Kat Stiennon
Dancer: Heidi, Standard Division

A position where the body is at an angle to the audience so that the legs appear crossed, with the working leg in front. The arm closest to the audience is lowered to second position and the other arm is in fifth.

Molly's Memo

"While our studio schedule is a litter lighter some house-keeping in in store.....Shelves and window coverings!"

-Molly

Summer Intensive Plans

Many dancers go to programs over the summer to learn from new teachers and work hard at improving their dancing. When dancers get older summer intensives can also be a way to gain exposure to a company they may want to work for. With many programs available it can often be a difficult choice. All of our students are going to programs recommended to them by a teacher. Here are the summer intensive plans of several of our students.

Ella is going to Boston Ballet. She is excited to meet other dancers and have new teachers while she is there. She is also looking forward to staying in the dorms.

Cindy is going to the UW Pre-Collegiate Invitational, Madison Contemporary Vision Dance, and Children's Dance Theatre of Rochester for intensives. She is excited to learn many new styles of dance and meet new people.

Grace is going to Joffrey New York. She is hoping to improve quickly, especially at pointe, because of how many classes she'll be taking.

Lilly is going to Central Pennsylvania Youth Ballet. She is looking forward to improving not only her technique, but also having a chance to work on her artistry. She is very excited to get to have dance classes all day.

Sophie is also going to Central Pennsylvania Youth Ballet. She is excited to gain strength and work on her alignment. She is also looking forward to learning from many new teachers.

Nana is going to Central Pennsylvania Youth Ballet as well. It is her first time going away and she is excited to go somewhere new and meet other dancers. She will also be going to Madison Ballet.

Bella attended Joffrey South Georgia during the month of June. She was excited to work with new faculty members and to have the opportunity to do tap again, which she has not done in a while.

Many of these dancers are also going to CMBA's Ballet Intensive in August!



About the Editor

Thank you to Heidi for all her hard work on the newsletter! I'm happy to take over for her as she moves on to college.

-Sophie Photo Credit: Kat Stiennon