

# CENTRAL MIDWEST BALLET *Academy*

# JULY

## *Important Dates*

July 11-15: Onstage & Backstage  
summer intensive

July 16: American Girl Benefit Sale  
performance

Mon, Wed, Fri, & Sat: Open  
classes (except July 15)

## *Ballet Term of the Month*



Photo Credit: Kat Stiennon  
Dancer: Heidi, Standard Division

A position where the body is at an angle to the audience so that the legs appear crossed, with the working leg in front. The arm closest to the audience is lowered to second position and the other arm is in fifth.

## *Molly's Memo*

"While our studio schedule is a litter lighter some house-keeping in in store.....Shelves and window coverings!"

-Molly

## Summer Intensive Plans

Many dancers go to programs over the summer to learn from new teachers and work hard at improving their dancing. When dancers get older summer intensives can also be a way to gain exposure to a company they may want to work for. With many programs available it can often be a difficult choice. All of our students are going to programs recommended to them by a teacher. Here are the summer intensive plans of several of our students.

**Ella** is going to Boston Ballet. She is excited to meet other dancers and have new teachers while she is there. She is also looking forward to staying in the dorms.

**Cindy** is going to the UW Pre-Collegiate Invitational, Madison Contemporary Vision Dance, and Children's Dance Theatre of Rochester for intensives. She is excited to learn many new styles of dance and meet new people.

**Grace** is going to Joffrey New York. She is hoping to improve quickly, especially at pointe, because of how many classes she'll be taking.

**Lilly** is going to Central Pennsylvania Youth Ballet. She is looking forward to improving not only her technique, but also having a chance to work on her artistry. She is very excited to get to have dance classes all day.

**Sophie** is also going to Central Pennsylvania Youth Ballet. She is excited to gain strength and work on her alignment. She is also looking forward to learning from many new teachers.

**Nana** is going to Central Pennsylvania Youth Ballet as well. It is her first time going away and she is excited to go somewhere new and meet other dancers. She will also be going to Madison Ballet.

**Bella** attended Joffrey South Georgia during the month of June. She was excited to work with new faculty members and to have the opportunity to do tap again, which she has not done in a while.

Many of these dancers are also going to CMBA's Ballet Intensive in August!



### About the Editor

Thank you to Heidi for all her hard work on the newsletter! I'm happy to take over for her as she moves on to college.

-Sophie Photo Credit: Kat Stiennon