

Central Midwest Ballet Academy Newsletter

January

Important Dates

- January 3rd Classes resume for Standard and Pre-Pro division
- January 7th Classes resume for Junior division
- January 21st Closed for Martin Luther King Day
- February 2nd Frozen Assets Performance at the Edgewater Hotel

*Ballet Term of the Month***Fifth Position**

In fifth position, one foot is placed in front of the other with the toes of the front foot aligned with the heel of the back foot.



Dancer: Cindy, Pre-Professional
Photo Credit: Kat's Photography

Summer Intensives: What are They?

Every summer, ballet companies and schools around the world host summer ballet intensives. Spanning from one to six weeks, summer intensives focus on improving students' dance technique and artistry, by dancing 4 to 6 hours daily. Summer intensives are key for every aspiring ballet dancer. By attending a summer intensive, dancers make connections with renowned companies across the world. Summer intensives are an amazing experience for any dance student, as anyone will walk away with new friends and experiences they will cherish forever.

The Audition Process

Most summer intensive programs require an audition to attend. The audition process for any summer intensive is a stressful but exciting experience. Auditions typically occur in January and February. For an hour and a half to two hours, ballerinas from across the country dance for distinguished ballet schools with hopes of getting in. After the initial audition, results can arrive anywhere from one week to one month after the audition. Audition classes are stressful, but also an amazing opportunity to experience new styles of ballet and learn from renowned teachers.



An arabesque photo and headshot are required for most auditions.
Dancer: Grace, Pre-Professional
PC: Julie Fix Photography

The Ballerina's Point of View: Why Summer Intensives Matter

Grace, 15 and a Pre-Professional, admits summer intensive auditions are terrifying: "The scariest part is the unknown. You never know what the school is looking for. It is also scary waiting to see if you have been accepted." However, auditions are helpful, even if you do not get in, since you experience a whole new environment with ballerinas you have never danced with before and teachers who do not know you. After two years training at Central Pennsylvania Youth Ballet's summer intensive, Grace says, "Summer intensives are important since you get to experience new teachers, new styles, and meet new friends."

Editor's Note

After months of hard work from students and staff, CMBA's fourth

production of "The Little Matchstick Girl" was a success! I am proud of everyone who participated. It was a gorgeous and fun show thanks to the students, staff, and supportive audience members. Without our friends, families, and members of our community's support, "The Little Matchstick Girl" would not be the same. Thank you!

About the Editor

Lilly is a sophomore at Waunakee High School and dances in the pre-professional division.

