

CENTRAL MIDWEST BALLET *Academy*

MAY

Important Dates

May 21 - Spring Showcase

May 24 - CMB Academy Open House

May 30 - No Classes

Ballet Term of the Month

Sauté



Photo Credit: Kat Stiennon
Dancer: Tia, Pre-Professional Div.

Sauté means to jump. A sauté can be executed in any ballet position. The sauté shown above is being done with her leg in front.

Molly's Memo

"Because we're having two shows, some pieces are double cast. It's fun to watch the same number done by different dancers, their personalities can make it look and feel totally different."
-Molly

Spring Showcase

As many of you know, our dancers have been working diligently in rehearsals and in preparation for our Spring Showcase coming up on Saturday, May 21. Showcases are common events among dance studios to celebrate the ending of a season and "showcase" the improvement and hard work dancers have been focused on since September. This showcase is extra special to CMBA, as we are honoring the closure of our inaugural season. Each division will have its chance to display what they've learned. We are also sharing the showcase with Capital Dance Revolution (CDR), a competition dance program that also teaches our jazz classes.



Our Junior Division will dance two ballet pieces, one being *Center & Barre* which is a ballet class transformed into a performance piece. It will evoke the simplicity and elegance that dancers experience in every technique class that will now be shared with the audience. The Standard Division will perform *Ballet Précis*. These students have been working especially hard to make sure that they are all dancing together, meaning they have the same leg, arm, and head positions and timing. This is essential for being in a *Corps de Ballet*, meaning Body of the Ballet, where a large group of dancers must be executing the same actions and steps all at the same time. Although our Pre-Professional Division

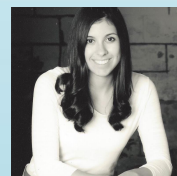
will perform a few group pieces, they have also been dedicated to learning solo variations from classical ballets to promote individuality and developing their own artistry and identity as dancers.

It will be a delightfully diverse show! We will also be featuring some jazz and contemporary pieces, not to mention CDR's action-packed repertoire. We hope you can join us!

Tickets are available at:

www.springshowcase2016.brownpapertickets.com

Shows
at 2 and 6pm
at Lathrop Hall,
on the UW
campus.



About the Editor

Heidi Hartmann is a senior at McFarland High, and dances in the Standard Division.

