

CENTRAL
MIDWEST
BALLET
Academy

JANUARY

Important Dates

Jan 18 - No classes for Martin Luther King Jr. Day

Feb 6 - Performance at the Frozen Assets Festival

Ballet Term of the Month

Tendu la Seconde



Photo Credit: Kat Stiennon
Dancer: Sophie, Pre-Professional Div.

Extending the working leg a la seconde (to the side) of the body from a foot completely on the ground to a pointed foot (only the tips of the toes are on the ground). Tendus can come from any of the five positions.

Molly's Memo

We're back! We've begun working on new pieces choreographed by guest faculty, both classical and contemporary. For some students, this is their first experience with contemporary dance, so I know it's a fun challenge for them.

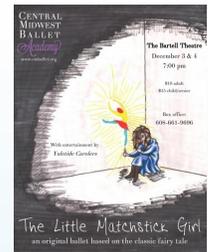
-Molly

Meet the Artisans

The Artisan Program is designed to allow students to become more involved in the studio by showcasing their talents aside from dancing. Students have the freedom to propose an idea that they are interested in pursuing, and the school tries to accommodate their wishes. We have students that have utilized their passions to contribute to the studio through visual arts, social media, and journalism. You may even have seen some of their work!



Kerry dances in the Pre-Professional Division. He designed the program cover art and poster (right). He also created original art that was made into note cards sold at the performances.



Laurel is a Pre-Professional Division dancer. She helps manage our Facebook page, and has recently begun working on the monthly newsletters.



Heidi dances in the Standard Division and writes the monthly newsletter. She also manages the Facebook page with Laurel.



Ana does a lot behind-the-scenes. She's helped out with community engagement and marketing projects as well as aiding in rehearsals. She was the assistant stage manager for Matchstick Girl.



Cindy (left) and **Lilly** (right) both dance in the Pre-Professional Division. They help with our Facebook site. (Lily's photo: © Kat Stiennon)



Chandler is a standard Division dancer who used her art skills to create Matchstick Girl greeting cards and coloring sheets for the Pancake Barre Breakfast.

Editor's Note: "I take pleasure in writing, so I chose to pursue the monthly newsletter to express that. I particularly value the Artisan Program because it allows me to volunteer in a professional manner, but still enjoy what I am doing for the studio."
-Heidi

Don't miss us at the Edgewater Hotel for the Frozen Assets Festival!