

Central Midwest Ballet Academy Newsletter

October

Important Dates

Toe-Down Hoedown October 27th at Maple Bluff Country Club from 5:30 to 8:30

- October 15th Ballet Tales performance at South Park Street Library
- October 13th FREE line dancing lesson 3:30 to 4:30
- October 20th FREE line dancing lesson 3:30 to 4:30
- October 29th Ballet Tales performance at Meadowridge Library
- November 5th Ballet Tales performance at Sequoia Library

Ballet Term of the Month

First position is one of five basic ballet positions. The dancer's feet connect at the heels while their legs turnout from the hips.



Dancer: Lilly, pre-professional Photo credits: Kat's Photography

Toe-Down Hoedown

Attention barbeque-country-music-line-dancing enthusiasts, CMBA's third annual Toe-Down Hoedown is the event for you! Enjoy pulled pork and live music. Take a break from dancing to visit the photo booth or play a game of Texas Hold'em. Don't forget to bid at the silent auction. Profits benefit CMBA. Two FREE line-dancing lessons will be held prior to the event at the CMBA studios. So, polish your cowboy boots and giddy up to the Toe-Down Hoedown. Cowboy hats are optional but encouraged.



Photo credits: Kat's Photography



Ballet Tales

Our ballerinas will soon be dancing around library stacks. Don't worry, the librarians won't shush us. We are dancing as part of an exciting community outreach program, Ballet Tales. Ballet Tales infuses ballet education with excerpts from traditional ballets. Come see fairies dance and Little Red Riding Hood escape the wolf in these dances from Sleeping Beauty. All three Ballet Tales' performances will happen in libraries throughout Madison, with the first on October 15th at South Park Street library. Performances are free and open to the public.

Know Your Pro

Michael Knight, a CMBA faculty member, began dance at age 16. He started with both ballet and contemporary, before focusing solely on ballet at age 18.

About the Editor

Lilly is a sophomore at Waunakee High School and dances in the pre-professional division.

