

CENTRAL  
MIDWEST  
BALLET  
*Academy*

# September

## Important Dates

September 6 – First day of classes

September 10 – Free line dancing lesson

September 24- Toe-Down Hoedown

## Ballet Term of the Month

Écarté

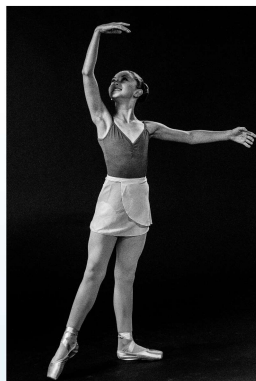


Photo Credit: Kat Steinnon  
Dancer: Tia, Pre-Professional Division

Écarté means thrown apart. In this position the body is diagonal to the audience with the leg out to the side. The same arm as leg is up in fifth and the other arm is in a la seconde.

## Molly's Memo

Kudos to everyone who came to our first line dancing lesson, but especially the rock star dads who shook it like the best of them!

-Molly

## Toe-Down Hoedown

The Toe-Down Hoedown is a fundraiser for CMB taking place on September 24 from 5-8 pm. The night features everything country; there will be line dancing, square dancing, and a BBQ buffet, promising lots of fun for the whole family. Lynn "Chirps" Smith will be playing fiddle, with Roger Diggle on guitar. The wonderful Dot Kent will be the caller for our hoedown. What is a caller you may ask? The caller is the person who shouts out the dance moves, making it easy for the people dancing to follow along. If you would like to learn some skills for the hoedown beforehand, please swing by our studio for the second of our free line dancing lessons on September 10<sup>th</sup>! The event will take place at Maple Bluff Country Club, costing \$38 for adults, \$12 for children 4-12, and free for kids 3 and under.

Registration is open at [www.cmballet.org](http://www.cmballet.org). We hope to see you there!



Our first line dancing lesson

## Classes Begin

Classes will be back in session starting Tuesday, September 6<sup>th</sup>. You can find the complete 2016 school year calendar on the CMB website. We're looking forward to our second year!



**About the Editor**  
Sophie is a sophomore at West High School and dances in the Pre-Professional division.

Photo credit: Kat Steinnon