

## Central Midwest Ballet Academy Newsletter

## June

*Important Dates*

- June 1<sup>st</sup> Classes resume
- July 6-24 Three week summer intensive
- August 17-21 One week summer intensive
- August 3-7 Beyond Ballet Camp

*Monthly Ballet Company*

Alvin Ailey American  
Dance Theater



**Founded:** 1958

**Location:** New York, NY

**Number of Dancers:** 33

**Director:** Robert Battle

**What they are known for:**

Alvin Ailey celebrates African-American dancers and their unique heritage through ballet. The company was founded by Mr. Alvin Ailey who spent his life choreographing works that enriched "American modern dance heritage".

*Time well spent during Safer at Home pt. 3*

During these past few months, I have been staying at home with my family. School work had been moved online, so I spent some of my time completing that. However, the work was minimal so I was often left with lots of free time. During that free time, I took online dance classes through CMBA and also through various Instagram live platforms. Additionally, I spent time outdoors with my family and my dog. It was strange not leaving the house for weeks on end, when previously I spent only about ten hours at home a day and the rest at school or dance.



However, recently, it seems like things are returning to a new normal. I go out on grocery shopping trips with my mom and got my drivers license. I have also been meeting up with friends at parks, for picnics and hammocking. The nice weather has been very uplifting.

With CMBA resuming in person classes, I have found myself with more things to fill time. Being back in the studio makes me hopeful for the coming academic year regarding school, ballet, and other extracurriculars.

I am excited for summer weather and also more dancing. I hope everyone is finding ways to stay occupied and having an enjoyable summer even under these rare circumstances.

*Ballet term pop quiz!*

**A:** Brisé means broken or breaking.

**Q:** What does changé mean?  
**hint:** It's a cognate!

*About the Editor*

Nana is a sophomore at Madison West High School and dances in the standard 3 division and on Madison West Dance Team.

