

# 2025-2026 CLASS SCHEDULE



## Beginner

Friday	5:00 - 6:15	ballet technique	H
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*begins January 23, 2026 and runs through May*

## Junior 1<sup>H</sup>

Monday	4:30 - 5:45	ballet technique	H
Wednesday	6:30 - 7:45	ballet technique	H

*rehearsals<sup>#</sup> for LMG: Saturday mornings 8:00 - 9:00*  
*rehearsals<sup>#</sup> for Spring Showcases: prior to Wednesday class | 5:45 - 6:30*

## Junior 1<sup>M</sup>

Monday	4:30 - 5:45	ballet technique	cmb
Wednesday	4:30 - 5:45	ballet technique	cmb

*rehearsals<sup>#</sup> for LMG: Saturday mornings 8:00 - 9:00*  
*rehearsals<sup>#</sup> for Spring Showcases: following Wednesday class | 5:45 - 6:30*

## Junior 2

Monday	5:45 - 7:15	ballet technique	H
Wednesday	5:00 - 6:30	ballet technique	H

*rehearsals<sup>#</sup> for LMG: Saturday mornings 8:00 - 9:00*  
*rehearsals<sup>#</sup> for Spring Showcases: following Monday class | 7:15 - 8:00*

## Pre- Pointe

Wednesday	6:30 - 7:45	pre-pointe	cmb
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*students will be placed into pre-pointe as they are ready*

## Standard 1

Tuesday	5:00 - 6:30	ballet technique	cmb
	6:30 - 8:00	rehearsal <sup>#</sup>	cmb
Wednesday	5:00 - 6:30	ballet technique	cmb
	6:30 - 7:45	beginning pointe	cmb
Saturday	9:00 - 11:00	ballet technique	H
	11:15 - 1:15	rehearsal <sup>#</sup>	cmb & H

**REFER TO THE WEEKLY UPDATE FOR MORE INFORMATION & UPDATES**

# Rehearsals do not begin immediately,  
Check the Weekly Update for details

cmb – the studio located above Middleton Travel  
H – the studio located above Trio Ramen

## Standard 2

Tuesday	5:00 – 6:30	ballet technique	cmb
	6:30 – 8:00	rehearsal <sup>#</sup>	cmb
Thursday	5:00 – 6:30	ballet technique	cmb
	6:30 – 7:45	pointe	cmb
Saturday	9:00 – 11:00	ballet technique	cmb & H
	11:15 – 1:15	rehearsal <sup>#</sup>	cmb & H

## Standard 3

Monday	4:30 – 6:00	ballet technique	cmb
	6:00 – 7:30	rehearsal <sup>#</sup>	cmb
Thursday	5:00 – 6:30	ballet technique	cmb
	6:30 – 7:45	pointe	cmb
Saturday	9:00 – 11:00	ballet technique	cmb & H
	11:15 – 1:15	rehearsal <sup>#</sup>	cmb & H

## Pre – Pro

Monday	6:00 – 7:30	ballet technique	cmb
Tuesday	6:30 – 8:00	ballet technique	H
Thursday	5:00 – 6:30	ballet technique	H
	6:30 – 8:30	rehearsal	H
Friday	4:30 – 6:30	ballet technique	cmb
	6:30 – 8:30	rehearsal	cmb & H
Saturday	9:00 – 11:00	ballet technique	cmb
	11:15 – 3:00	rehearsal	cmb & H

## SPECIALTY CLASSES

Monday	7:30 – 8:30	modern	cmb
<i>Open to all Standard and Pre-Pro dancers – no fee or registration required</i>			
Tuesday	5:30 – 6:30	boy's class	H
<i>Open to all registered dancers as well as the general public ages 8+ registration required for general public – no fee for CMB dancers</i>			
Tuesday	8:00 – 8:30	Pilates	H
<i>Open to all Standard and Pre-Pro dancers as well as the general public ages 11+ registration required for general public – no fee or registration required for CMB dancers</i>			
Thursday	4:30 – 4:50	PBT (strength class)	H
<i>Open to all Standard and Pre-Pro dancers – no fee or registration required</i>			

**SPECIALTY CLASSES MAY BE ADDED, REMOVED, OR ALTERED DURING THE YEAR. REFER TO WEEKLY UPDATE FOR INFORMATION.**

<sup>#</sup> Rehearsals do not begin immediately,  
Check the Weekly Update for details

**cmb** – the studio located above Middleton Travel  
**H** – the studio located above Trio Ramen